



EIGHTEENTH SUNDAY IN ORDINARY TIME

1ST AUGUST – 7TH AUGUST, 2021

NEWSLETTER

# SACRED HEART

Year B • 18th Sunday • Ferial cycle 1  
Psalter Week 2

## JESUS THE BREAD OF LIFE

**T**here are two kinds of hunger -- physical and spiritual. Only God can satisfy the spiritual hunger in our heart and soul -- the hunger for truth, for life, and for love.

Bodily food helps keep us alive in this world; spiritual food sustains and develops supernatural life, which will last forever in Heaven. This food, which only God can give us, consists mainly in the gift of faith and sanctifying grace. Through God's infinite love, we are given, in the Blessed Eucharist, the very author of these gifts, Jesus Christ, as nourishment for our souls.

This is a great challenge for us. How many of our time do we spend in the pursuits of what does not last? "Do not work for the food that perishes." What do we work for today? Do we give enough attention and care to the things that matter, things that have to do with our salvation? Jesus challenged us to works of God.

"What can we do to accomplish the works of God?" Jesus answered and said to them: "This is the work of God, that you believe in the one he sent." God demands our simple faith. It is not what we can do, what we can say, what we can keep, but what we believe. That is what pleases God. That is what honours God. That is what is acceptable to God. That is what God wants from us.

To believe in this context obviously means more than simply giving assent in our minds to the word of God. It means doing the will of God. It means exercising initiative and making efforts to live as faithful Christians.

The second half of Paul's epistle to the Ephesians, from which we are currently reading, gives us a detailed program for accomplishing the work of God. Jesus offers a new relationship with God which issues in a new kind of life: A life of love and service, and the forgiveness of others which corresponds to God's mercy and kindness; a life of holiness and purity which corresponds to God's holiness; and a life of submission and trust which corresponds to the wisdom of God. This is the work which Jesus directs us to and enables us to perform in the power of the Holy Spirit. Life, He says, is that the new nation will be totally satisfying: "He who comes to me will never be hungry; he who believes in me will never thirst."

## READINGS

### FIRST READING

EXODUS 16:2-4,12-15

### RESPONSORIAL PSALM

PSALM 77(78):3-4,23-25,54

### SECOND READING

EPHESIANS 4:17, 20-24

### GOSPEL

JOHN 6:24-35

## LEARN

"The Eucharist is the source and summit of the Christian life. The other sacraments, and indeed all ecclesiastical ministries and works of the apostolate, are bound up with the Eucharist and are oriented toward it. For in the blessed Eucharist is contained the whole spiritual good of the Church, namely Christ himself, our Pasch."

CCC

(Catechism of the Catholic Church )

# 1324



# SACRED HEART OF JESUS – CAMBERWELL

Archdiocese of Southwark  
Eighteenth Sunday in ordinary time - Year B

Clergy: Fr Victor Darlington (Parish Priest)  
Assistant Priest: Fr. Alfred Ebalu.

Parish Office open Mon - Fri 9:30am - 12:30pm  
Presbytery & Parish Office: 2 Knatchbull Road, London SE5 9QS  
Telephone: (020) 7274 1908  
E-mail: camberwell@rcaos.org.uk Website: www.sacredheartchurchcamberwell.co.uk.

Executive Head of St Joseph's Catholic Infants' & Junior Schools: Pitman Street, SE5 0TS  
Delia Jameson Tel: 020 7703 3455

St Joseph's Catholic Infants' School - Head of School - Tel No: 020 7703 9264  
St Joseph's Catholic Juniors' School - Head of School - Theresa Mokogwu. Tel: 020 7703 3455  
Executive head of Sacred Heart & St Thomas the Apostle Catholic Secondary School:  
Mr Serge Cefai Tel: 020 7 274 6844

## MASS TIMES & INTENTIONS

### SUNDAY 1ST AUGUST

6.00PM

10.00AM

12. NOON  
6.00 PM

### MONDAY 2ND AUGUST

9.00 AM  
7.00PM

### TUESDAY 3RD AUGUST

9.00AM  
7.00PM

### WEDNESDAY 4TH AUGUST

9. 00AM  
7.00PM

### THURSDAY 5TH AUGUST

9.00AM  
7.00PM

### FRIDAY 6TH AUGUST

9.00AM  
7.00PM

### SATURDAY 7TH AUGUST

10.00 AM  
6.00PM

### THE EIGHTEENTH SUNDAY IN ORDINARY TIME

ELIZABETH WHITE 100 YEARS YOUNG! BIRTHDAY.  
SYLVIA & ASHLEY BASTIAN IN THANKSGIVING FOR  
BLESSINGS ON CHILDREN AND GRANDCHILDREN  
MMESOMA OKOYE, BIRTHDAY THANKS. JOYCE  
KANYABINGI, RIP. DEBORAH BULYABA, RIP.

MALACHY FOFANA, 7TH BIRTHDAY THANKS.  
JOSEPHINE OBUH, RIP. PACQUEENS AISAGBONHI & PHILO  
OGUNJIMI, BIRTHDAY THANKS. PA. STEPHEN ATEOS  
AISAGBONHI, RIP. 5TH ANNIVERSARY OF DEATH.

### FERIA

SIEGFRIED PRIMERSHOFER, GOOD HEALTH  
ETHNA HARRIS, RIP

### FERIA

DARIUS DIMITRI TAMBA NANA, BIRTHDAY THANKS  
JIM PHILPS, RIP

### MEMORIAL OF ST. JOHN VIANNEY

HOLY SOULS

### FERIA

HOLY SOULS  
JIM PHILLIPS, RIP

### FEAST OF THE TRANSFIGURATION OF THE LORD

DEPARTED MEMBERS OF BENN & ASARE FAMILY &  
EMMANUEL EZUKWO, RIP

### MEMORIAL OF THE BLESSED VIRGIN MARY

VIOLET & EDDIE PHILLIPS  
SYLVIA & ASHLEY BASTIAN IN THANKSGIVING AND FOR  
THEIR INTENTIONS

### SUNDAY MASSES

6:00pm (Sat)

10:00am 12:00 Noon \* 6:00pm  
\* with Children's Liturgy  
3:00pm (KCH chapel)

### CONFESSION:

Sat: 10.30am - 10.45am  
5.00pm - 5.45pm

### Eucharistic Adoration:

Sunday 4:30 - 5:30pm  
Friday 7:30 - 8:30pm

### MORNING PRAYER

Monday - Friday 8:45am  
Saturday 9:45am

### ROSARY

After weekday Masses

### PRAYER GROUPS

#### Sacred Heart Association:

Friday: 6.00pm  
1st Friday 7:30pm

#### Our Lady & Divine Mercy:

Thursday 5:30 pm

#### Legion of Mary Seniors:

Thursday 7.00pm

#### Catholic Charismatic Renewal

Saturday 7pm

#### St. John Bosco Junior Altar Servers

Tuesdays 5.30pm

#### Adult Altar Servers

Sunday after 11.30am Mass

## MISSION STATEMENT

We, the Parish community of Sacred Heart, Camberwell celebrates the presence of Christ in our lives. Central and true to our name, we celebrate, we stand, and we dedicate our lives, witnessing to the unending love and friendship of God, through His beloved Son, in whose Heart of love we find daily strength for our journey. We are a catholic community, diverse and multicultural. Everyone has a voice and everyone is welcome.

We strive to make visible, God's love and care for the world in word, sacrament, and service to all. Nourished by the sacraments and in our diversity, we strive to create a supportive parish family that fosters communication. We use our talents as responsible stewards-accountable to God, to our neighbour, to our community and to the world at large.

Rev Fr Victor Darlington .

## ENTRANCE ANTIPHON

PSALM 69: 2, 6

O God, come to my assistance;  
O Lord, make haste to help me!  
You are my rescuer, my help;  
O Lord, do not delay.

## FIRST READINGS

EXODUS 16: 2-4, 12-15

The whole community of the sons of Israel began to complain against Moses and Aaron in the wilderness and said to them, 'Why did we not die at the Lord's hand in the land of Egypt, when we were able to sit down to pans of meat and could eat bread to our heart's content! As it is, you have brought us to this wilderness to starve this whole company to death!'

Then the Lord said to Moses, 'Now I will rain down bread for you from the heavens. Each day the people are to go out and gather the day's portion; I propose to test them in this way to see whether they will follow my law or not.

'I have heard the complaints of the sons of Israel. Say this to them, "Between the two evenings you shall eat meat, and in the morning you shall have bread to your heart's content. Then you will learn that I, the Lord, am your God.'"

And so it came about: quails flew up in the evening, and they covered the camp; in the morning there was a coating of dew all round the camp. When the coating of dew lifted, there on the surface of the desert was a thing delicate, powdery, as fine as hoarfrost on the ground. When they saw this, the sons of Israel said to one another, 'What is that?' not knowing what it was. 'That' said Moses to them 'is the bread the Lord gives you to eat.'

The Word of the Lord - *Thanks be to God*

## RESPONSORIAL PSALM

PSALM 77(78):3-4, 23-25,54

**R. The Lord gave them bread from heaven.**

The things we have heard and understood,  
the things our fathers have told us,  
these we will not hide from their children  
but will tell them to the next generation. **R.**

the glories of the Lord and his might  
and the marvellous deeds he has done,  
Yet he commanded the clouds above  
and opened the gates of heaven.  
He rained down manna for their food,  
and gave them bread from heaven. **R.**

Mere men ate the bread of angels.  
He sent them abundance of food;  
So he brought them to his holy land,  
to the mountain which his right hand had won. **R.**

## SECOND READING

EPHESIANS 4: 17, 20-24

I want to urge you in the name of the Lord, not to go on living the aimless kind of life that pagans live. Now that is hardly the way you have learnt from Christ, unless you failed to hear him properly when you were taught what the truth is in Jesus. You must give up your old way of life; you must put aside your old self, which gets corrupted by following illusory desires. Your mind must be renewed by a spiritual revolution so that you can put on the new self that has been created in God's way, in the goodness and holiness of the truth.

The Word of the Lord *Thanks be to God*

## GOSPEL ACCLAMATION

JOHN 14: 6

Alleluia, Alleluia!

**I am the Way, the Truth and the Life, says the Lord;  
No one can come to the Father except through me.  
Alleluia!**

## GOSPEL

JOHN 6: 24 - 35

When the people saw that neither Jesus nor his disciples were there, they got into boats and crossed to Capernaum to look for Jesus. When they found him on the other side, they said to him, 'Rabbi, when did you come here?'

Jesus answered:

'I tell you most solemnly, you are not looking for me because you have seen the signs but because you had all the bread you wanted to eat. Do not work for food that cannot last, but work for food that endures to eternal life, the kind of food the Son of Man is offering you, for on him the Father, God himself, has set his seal.'

Then they said to him, 'What must we do if we are to do the works that God wants?' Jesus gave them this answer, 'This is working for God: you must believe in the one he has sent.' So they said, 'What sign will you give to show us that we should believe in you? What work will you do? Our fathers had manna to eat in the desert; as scripture says: He gave them bread from heaven to eat.' Jesus answered: 'I tell you most solemnly, it was not Moses who gave you bread from heaven, it is my Father who gives you the bread from heaven, the true bread; for the bread of God is that which comes down from heaven and gives life to the world.'

'Sir,' they said 'give us that bread always.' Jesus answered: 'I am the bread of life. He who comes to me will never be hungry; he who believes in me will never thirst.'

The Gospel of the Lord

*Praise to You Lord Jesus Christ*

## PRAYER OVER THE OFFERINGS

Graciously sanctify these gifts, O Lord, we pray,  
and, accepting the oblation of this spiritual sacrifice,  
make of us an eternal offering to you.  
Through Christ our Lord.

## **PARISH FINANCE: WEEKLY DONATIONS**

Donations can be paid into the Parish Account:  
**Sacred Heart Church Camberwell.**  
**Sort Code:** 60-50-01  
**Account Number:** 79102409

## **PARISH FINANCE COLLECTION**

**First collection** amounted to £467.86  
**Gift Aid** amounted to not including standing orders  
£ 237

## **GIFT AID & OFFERING**

We have the Offering and Gift Aid boxes at the entrance and exit doors for our offering. Thank you for your generosity.

## **FROM THE FINANCE DESK**

We can now register our gift aid envelope online by picking a form from the parish website. After the details are entered, kindly email to:

camberwellfinance@rcaos.org.uk

## **GIFT AID USERS**

Please all gift aid users are kindly encouraged to pick up their envelopes at the exit door of the church with your names & numbers indicated on the envelopes.

## **GIFT AID ENVELOPES**

Gift aid envelopes for one off donations: we have now gift aid envelopes for anyone wishing to make a one off donation to the church. Please speak to any priest or pick up one from the sacristy.

## **SECOND COLLECTION**

OUR SECOND COLLECTION FOR TODAY IS FOR PARISH NEEDS

## **RCIA**

RCIA class will be on Thursday 5th August 2021 at 7.30pm. Classes are done via Zoom.

## **INFANT BAPTISM**

Infant Baptism is ongoing. Kindly see any of the priest after Mass to discuss when you want your child baptised.

## **MASS BOOKINGS**

We have spaces available for the weekday Masses. Kindly call or text any of the priests to book a Mass.

## **ONE BEDROOM FLAT**

A PARISHIONER IS LOOKING FOR A ONE BEDROOM FLAT  
PLEASE SPEAK TO ANY OF THE PRIESTS IF YOU CAN HELP.

## **Legion of Mary—Junior praesidium**

The junior praesidium of the Legion of Mary is will be held every Thursday at our Lady's chapel from  
5:45pm—6:45pm.



## **EUCCHARISTIC ADORATION**

### **SUNDAY 5 PM ADORATION**

We are reminded that Adoration of Jesus in the Blessed Sacrament takes place every Sunday at 5pm to 6pm followed by Mass.

### **FIRST FRIDAY ADORATION**

On Friday 6th August is our First Friday Adoration of Jesus in the Blessed Sacrament, beginning at 12noon to 7pm. Come and spend time with the Lord in prayers and adoration.

### **MASS IN CELEBRATION OF THE SACRAMENT OF MARRIAGE, OCTOBER 9TH AT ST. GEORGE'S CATHEDRAL.**

If you are celebrating your 1st / 10th/ 25th/ 40th/ 50th/ 60th + wedding anniversary this year, please apply as soon as possible. Get in touch with us at [mflse@rcaos.org.uk](mailto:mflse@rcaos.org.uk) so you can receive an invitation from the Archbishop. Please let us have the location of your parish in the title of your email, e.g. Clapham, Beckenham. Spaces are limited. We need your names in the format John and Mary Smith. Your home address. The anniversary you are celebrating (2020 anniversaries are welcome!)

### **Marriage and Family Life South East**

#### **FOOD BANK**

The food bank team is appealing for generous food donations for the Parish Food bank. Containers are located at each entrance of the church. Please be aware that we can only accept non-perishable items within their expiry date. Thank you all.

#### **Archbishop's Certificate**

The Archbishop's Certificate is an online course for all in the Diocese who proclaim their faith to others: as evangelisers, catechists or adult formators. It is a course for all wishing to know their Catholic faith more deeply no matter their stage in life.

The course will commence in October 2021 and the cost will be £ 365 per year. Registration must be completed in advance. Further details can be found here;  
<https://aec.rcaos.org.uk/archcert>

## NOTICES OF THE WEEK

### LIVING WITH COVID:

Even though strict Covid 19 rules have been relaxed by the government. As a parish we shall continue to proceed with caution and take personal responsibility to protect ourselves and others around us.

The full choir singing can begin in the gallery.

Bidding prayers will begin from this weekend.

Everyone will be expected to wear a mask in church except those exempted on health grounds.

At the time the priests alone will still be at the sanctuary - without the altar servers .

We shall resume giving Communion at the usual time during the mass followed by notices and final blessing .

Stewards are now only needed to ensure people sanitise their hands on entering the church and when leaving - with no more instructions to direct you to your seats, but they will direct you for communion at the 10AM and 12 noon Masses. Please use your discretion to sit safely and receive communion in the same way.

Stewards will continue to clean the pews after every service or church gathering

We shall continue to bless holy water for individual use only as we still cannot leave holy water in the stumps for public use yet.

The chalice is still not allowed for communicants at this time .

We shall continue to review our parish situation and adapt appropriately. Meanwhile if you feel sick or has come in contact with anyone who tested positive - please quarantine at home and follow government instructions by taking a PCR test.

Also, social gathering and meetings will now be permitted in our church halls, but with great caution and strict hygiene standards.

Any group using the hall are encourage to wear face mask. Members should sanitise on entering and leaving the hall, and the priest should be notified of the duration of the meeting.

Most importantly each group should appoint stewards who will sanitise and ensure the hall is tidied up after each gathering.

For our collective safety, and due to poor ventilation of our parish hall, we shall not be holding parish parties at this time.

The one way entrance and exits door is no longer necessary at this time. Parishioners are now welcome to use both entrances.

May God continue to keep us safe as we adapt to living with Covid. Amen.

### Summer Placement:

Seminarian on placement: Mark Wharton a seminarian of the Archdiocese of Southwark has been signed to Camberwell from September 1st until when he will be called forward for Diaconate ordination.

In his own words he said “ I'm very happy to be coming to serve at Camberwell. I'm 30, have just finished my formation at Allen Hall. I converted to the faith after reading some of the writings of Pope John Paul II and realising that Jesus was present in the Blessed Sacrament. I love meeting people, cooking and American crime drama. My greatest passion is helping people to meet Jesus and to discover the beautiful things that he has in store for them. I am really looking forward to meeting you all and to sharing in your life in Sacred Heart.

We all look forward to welcoming Mark to our parish and assure him of our prayers on his journey to the priesthood.

### Sacred Heart Catholic Church “Tap to Donate”

From **Sunday 25th August**, the parish will join a number of other parishes in the Archdiocese to introduce a contactless method of donation. This will not replace the tradition offertory cash or envelope collection but will be another option to make donations or collections easier for parishioners and visitors in our increasingly Covid secure cashless society.

Donors who would like to make use of this new service will also find the information on our website from next week and follow a few simple steps to set up your donation securely. Or you scan the QR code below which will take you straight to our parish's landing page where you can click on the 'Give now' button. **Its super easy!**

If you are a UK taxpayer you can opt to add Gift Aid, increasing the value of your donation by 25%, which the parish will collect from HMRC on our behalf.

**It couldn't be any easier.**

If you'd like to know more, please get in touch with Fr Victor or Parish Finance Chair, Mr Jude Onye. Thank you.



**PILGRIMAGE 2021**

Our postponed pilgrimage to Rome, San Giovanni and Loreto of 2020 is now been advertised for October half term 2021.

After a long struggle with Covid we now hope October will be a safe time to have this pilgrimage in thanksgiving to God for His protection and in thanksgiving to our blessed Mother Mary for her maternal intercession throughout this difficult time.

Full Package Price: £899.00 inc flights with British Airways from London Heathrow. Single Rooms: £150 / Travel Insurance £39. 3 nights accommodation at Hotel close to St. Peter's Basilica, 2 nights in San Giovanni, 1 night at Loreto - all on half board basis. 1 x 1/2 day tour with coach and local guide in Rome - 1 x 1/2 day walking tour in San Giovanni and Loreto with local guide. Optional extras: Vatican Museum Tour £38. St Peter's Basilica Tour £18.

Full services of English-speaking courier for the duration of the tour. Tickets to Papal Audience included. PRICE BASED ON MIN 40 Paying Passengers. We would like an indication of who might be interested in joining this Pilgrimage.

Do register your interest with either Fr Darlington or Gill at Tangney Tours.

**Telephone:** 01732 886666

**Address:** 3 Station Court, Borough Green, Kent, TN15 8AF

**CONSULTATION AND FORM SIGNING**

Since the presbytery and the parish office is not Covid-19 risk assessed, unfortunately face to face consultation and form signing with Fr. Victor is not permitted at this time. However, for those who wish to sign any forms or other documents, they are encouraged to fill in their parts and then drop off the form through our letter box addressed to me. Such forms will be ready for pick up by next day between 10am and 4pm.

For any other consultations please email [camberwell@rcaos.org.uk](mailto:camberwell@rcaos.org.uk) or call any of the priests directly or by text message, we shall respond to you promptly. Thank you for your cooperation.

**NHS TEST AND TRACE APP**

For those who have registered with this app you don't need to write down your names as you enter the Church. The parish now have the QR code which you can scan as you enter the church. This is located at the entrance of the Church. For those without the App, please continue to sign in on the sheets provided for each Mass, for the safety of us all. Thank you for your cooperation.

**Do you have skills to offer as a Governor or Trustee in the Catholic schools in Southwark?**

The Education Commission for the Roman Catholic Archdiocese of Southwark ([rcaoseducation.org.uk](http://rcaoseducation.org.uk)) is looking to build up its list of people able to offer time, expertise and commitment to support primary, secondary schools and sixth form colleges in Southwark.

The Diocese needs local people from its parishes to volunteer as foundation governors in Catholic maintained schools and academies. It also needs people to become trustees/directors in their multi-academy trusts.

Could you spare a few hours a month?

These are fulfilling roles though not without challenges. Governors and trustees work together as a team to ensure a good standard of education is being achieved. Being a governor or a trustee is an opportunity to develop the skills you have, undertake service to the community and to improve the futures of children today.

You do not need to be a parent or work in the education sector. The Diocese welcomes interest from all sectors of society and across all ages. It is looking for people with finance and accounting, legal and HR, premises and health and safety experience. Induction, training and mentoring will be provided.

Some further information can be found here: [DBS-Role-of-Foundation-Governor.pdf](#) ([rcaoseducation.org.uk](http://rcaoseducation.org.uk))

If you would like to know more, please fill in the form below to register your interest. A member of the team will be in contact shortly to talk with you about the process. Suitable candidates will then receive a statement of support from their parish priest, provide 2 referees and undertake a DBS before allocation to a school.

**Could you become a Governor? – Education Commission for the Roman Catholic Archdiocese of Southwark** ([rcaoseducation.org.uk](http://rcaoseducation.org.uk))

*Those interested please speak to any of the priests or to see exact details in the parish newsletter in the parish Whatsapp forum or on the parish website*